

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |
|------------|---|---------|-------------|--------|--------|------------|---------|-----------|---------|-----------|
| 15.04.2024 | paniertes Schweineschnitzel B | 1.435 | 344 | 21.20 | 3.075 | 18.72 | 1.200 | 19.80 | 1.680 | |
| | Soße Hollandaise B | 999 | 241 | 23.27 | 11.92 | 6.122 | 1.692 | 1.498 | 1.130 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Curry-Ingwer Hähnchengeschetztes MMT A | 1.338 | 318 | 16.25 | 7.750 | 21.50 | 12.00 | 21.00 | 3.500 | |
| | Basmati MMT A | 996 | 234 | 1.400 | 400,0 | 54.00 | 200,0 | 5.600 | 0,0 | |
| | Milchreis C | 2.841 | 676 | 23.24 | 11.04 | 96.61 | 50.69 | 19.46 | 608,4 | |
| | Apfelmus A | 304 | 72 | 100,0 | 100,0 | 16.30 | 15.30 | 300,0 | 10,0 | |
| | Zimt & Zucker B | 136 | 32 | 40,0 | 8,0 | 7.920 | 7.920 | 40,0 | 0,0 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | paniertes Schweineschnitzel B | 1.435 | 344 | 21.20 | 3.075 | 18.72 | 1.200 | 19.80 | 1.680 | |
| | Soße Hollandaise B | 999 | 241 | 23.27 | 11.92 | 6.122 | 1.692 | 1.498 | 1.130 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Milchreis C | 2.841 | 676 | 23.24 | 11.04 | 96.61 | 50.69 | 19.46 | 608,4 | |
| | Apfelmus A | 304 | 72 | 100,0 | 100,0 | 16.30 | 15.30 | 300,0 | 10,0 | |
| | Gemüseplatte B | 648 | 156 | 12.33 | 1.408 | 7.266 | 3.873 | 3.366 | 2.224 | |
| | helle Soße Diät B | 428 | 104 | 8.211, | 5.166 | 6.513 | 857,9 | 895,5 | 1.215 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Geflügelboulette passiert A | 984 | 234 | 17.41 | 8.418 | 5.579 | 2.190 | 11.51 | 1.822 | |
| | helle Soße Diät B | 428 | 104 | 8.211, | 5.166 | 6.513 | 857,9 | 895,5 | 1.215 | |
| | Möhrengemüse passiert B | 336 | 81 | 3.874 | 1.352 | 5.790 | 4.090 | 5.033 | 1.322 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Heidelbeerquark A | 531 | 126 | 4.445 | 3.045 | 15.92 | 14.56 | 5.320 | 115,5 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |
|-------------------|---|---------|-------------|-------|--------|------------|---------|-----------|---------|-----------|
| 15.04.2024 | | | | | | | | | | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Lauchkäseeintopf mit Hack C | 1.035 | 248 | 13.50 | 8.135 | 16.86 | 5.420 | 13.94 | 3.549 | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | bunter Salatteller mit Hühnchen MMT | 463 | 109 | 2.035 | 553,1 | 6.053 | 5.656 | 16.09 | 794,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Heidelbeerquark A | 531 | 126 | 4.445 | 3.045 | 15.92 | 14.56 | 5.320 | 115,5 | |
| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |

16.04.2024

| | | | | | | | | | | |
|--|----------------------------|-------|-----|-------|-------|-------|-------|-------|--------|--|
| | Hühnerfrikassee C | 1.104 | 264 | 14.36 | 5.995 | 9.048 | 3.878 | 23.97 | 1.871 | |
| | Reis mit Buttergeschmack B | 818 | 194 | 2.445 | 304,9 | 38.71 | 207,2 | 3.652 | 712,8 | |
| | Fischgemüsepfanne B | 1.046 | 250 | 10.65 | 4.206 | 16.40 | 6.882 | 19.10 | 2.590 | |
| | Curryreis B | 1.385 | 330 | 10.33 | 1.010 | 50.73 | 1.125 | 6.532 | 2.735 | |
| | Eieromlette B | 440 | 105 | 7.020 | 1.980 | 1.980 | 810,0 | 8.550 | 900,0 | |
| | Rahmspinat B | 946 | 229 | 19.54 | 11.97 | 6.137 | 2.074 | 5.888 | 1.911, | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |
|------------|---|---------|-------------|-------|--------|------------|---------|-----------|---------|-----------|
| 16.04.2024 | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Rinderhacksteak A | 1.141 | 274 | 17.60 | 7.280 | 8.800 | 1.720 | 19.60 | 2.040 | |
| | Kräuterkohlrabi B | 172 | 42 | 440,9 | 285,6 | 5.911, | 3.738 | 1.382 | 2.672 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | vegetarischer Pichelsteiner Eintopf C | 935 | 223 | 6.463 | 1.011, | 31.96 | 13.18 | 6.576 | 5.390 | |
| | vegetarischer Pichelsteiner Eintopf C | 935 | 223 | 6.463 | 1.011, | 31.96 | 13.18 | 6.576 | 5.390 | |
| | Grießbrei C | 2.596 | 619 | 25.98 | 11.43 | 74.93 | 47.98 | 20.42 | 608,2 | |
| | Apfelmus A | 304 | 72 | 100,0 | 100,0 | 16.30 | 15.30 | 300,0 | 10,0 | |
| | Apfelmus Dessert | 304 | 72 | 100,0 | 100,0 | 16.30 | 15.30 | 300,0 | 10,0 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Hühnerfrikassee C | 1.104 | 264 | 14.36 | 5.995 | 9.048 | 3.878 | 23.97 | 1.871 | |
| | Reis mit Buttergeschmack B | 818 | 194 | 2.445 | 304,9 | 38.71 | 207,2 | 3.652 | 712,8 | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | bunter Salatteller mit Hühnchen MMT | 463 | 109 | 2.035 | 553,1 | 6.053 | 5.656 | 16.09 | 794,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|

16.04.2024

| | | | | | | | | | | |
|--|-------------------------------|-----|----|-------|-------|-------|-------|-------|-------|--|
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|

17.04.2024

| | | | | | | | | | | |
|--|----------------------------|-------|-----|--------|-------|-------|--------|-------|-------|--|
| | Quarkgrießauflauf B | 1.709 | 404 | 2.976 | 1.392 | 68.65 | 50.60 | 24.11 | 830,0 | |
| | Vanillesoße B | 924 | 221 | 11.56 | 8.581 | 24.61 | 19.42 | 4.984 | 292,9 | |
| | Chili Con Carne B | 1.353 | 322 | 9.097 | 3.749 | 34.65 | 21.28 | 20.54 | 7.183 | |
| | gefüllte Zucchini B | 926 | 222 | 12.54 | 7.095 | 18.15 | 4.290 | 8.580 | 1.650 | |
| | Tomatensoße vegetarisch B | 338 | 81 | 4.465 | 1.292 | 8.371 | 5.634 | 1.235 | 2.025 | |
| | Reis mit Buttergeschmack C | 818 | 194 | 2.445 | 304,9 | 38.71 | 207,2 | 3.652 | 712,8 | |
| | Boulette A | 1.246 | 299 | 18.75 | 7.250 | 13.75 | 1.000 | 18.75 | 1.750 | |
| | Bratensoße Diät B | 343 | 82 | 5.155 | 2.058 | 7.815 | 1.110, | 1.017 | 1.108 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Rindergulasch B | 1.160 | 278 | 16.11 | 5.974 | 7.499 | 3.043 | 25.30 | 2.127 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Rindergulasch B | 1.160 | 278 | 16.11 | 5.974 | 7.499 | 3.043 | 25.30 | 2.127 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Rindergulasch B | 1.160 | 278 | 16.11 | 5.974 | 7.499 | 3.043 | 25.30 | 2.127 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Rindfleisch passiert C | 603 | 145 | 10.95 | 6.038 | 2.329 | 1.355 | 9.258 | 896,1 | |
| | helle Soße Diät B | 428 | 104 | 8.211, | 5.166 | 6.513 | 857,9 | 895,5 | 1.215 | |
| | Möhrengemüse passiert B | 336 | 81 | 3.874 | 1.352 | 5.790 | 4.090 | 5.033 | 1.322 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |
|-------------------|---|---------|-------------|-------|--------|------------|---------|-----------|---------|-----------|
| 17.04.2024 | | | | | | | | | | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Schokoladenpudding Büffet | 452 | 108 | 3.350 | 2.200 | 16.10 | 14.05 | 3.200 | 170,0 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Rindergulasch B | 1.160 | 278 | 16.11 | 5.974 | 7.499 | 3.043 | 25.30 | 2.127 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Spirelli B | 1.330 | 314 | 3.152 | 618,7 | 59.64 | 2.520 | 10.50 | 4.994 | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | bunter Salatteller mit Hühnchen MMT | 463 | 109 | 2.035 | 553,1 | 6.053 | 5.656 | 16.09 | 794,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Schokoladenpudding Büffet | 452 | 108 | 3.350 | 2.200 | 16.10 | 14.05 | 3.200 | 170,0 | |
| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |
| 18.04.2024 | | | | | | | | | | |
| | Hähnchen-Gemüseragout B | 957 | 230 | 7.938 | 4.131 | 13.22 | 5.842 | 24.99 | 3.323 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|------------|--------------------------------------|------------|----------------|--------|-----------|---------------|------------|---------------|------------|--------------|
| 18.04.2024 | | | | | | | | | | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | geriebener Käse A Tablett | 201 | 48 | 3.333 | 2.300 | 40,0 | 33,3 | 4.466 | 336,7 | |
| | Wurstgulasch C | 1.053 | 253 | 19.41 | 7.158 | 9.471 | 6.942 | 9.728 | 2.673 | |
| | Penne B | 1.006 | 238 | 4.312 | 664,4 | 41.79 | 2.012 | 7.195 | 3.605 | |
| | Gurkensalat mit Dill B | 158 | 38 | 1.594 | 185,7 | 4.896 | 4.876 | 646,8 | 1.691 | |
| | Rosmarinkartoffeln B | 1.069 | 257 | 11.16 | 1.793 | 33.34 | 4.217 | 4.553 | 1.543 | |
| | Sauerrahm A | 745 | 180 | 17.01 | 11.43 | 3.642 | 3.352 | 3.057 | 1.300 | |
| | Ratatouille B | 463 | 112 | 7.116, | 1.315 | 9.484 | 6.733 | 1.625 | 1.210 | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Topfwurst B | 1.831 | 440 | 33.10 | 12.04 | 11.39 | 2.316 | 24.02 | 3.062 | |
| | Sauerkraut vegetarisch C | 387 | 93 | 2.612 | 315,4 | 13.50 | 10.46 | 1.600 | 2.377 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Sauerrahm A | 745 | 180 | 17.01 | 11.43 | 3.642 | 3.352 | 3.057 | 1.300 | |
| | Ratatouille B | 463 | 112 | 7.116, | 1.315 | 9.484 | 6.733 | 1.625 | 1.210 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Hähnchen-Gemüseragout B | 957 | 230 | 7.938 | 4.131 | 13.22 | 5.842 | 24.99 | 3.323 | |
| | Bratensoße Diät B | 343 | 82 | 5.155 | 2.058 | 7.815 | 1.110, | 1.017 | 1.108 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Hähnchen passiert B | 709 | 170 | 10.40 | 5.631 | 4.125 | 2.130 | 14.65 | 1.472 | |
| | Bratensoße Diät B | 343 | 82 | 5.155 | 2.058 | 7.815 | 1.110, | 1.017 | 1.108 | |
| | Brokkoli passiert B | 334 | 80 | 3.325 | 1.298 | 4.838 | 1.800 | 6.379 | 1.257 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Erdbeerjoghurt A | 417 | 98 | 2.900 | 1.933 | 14.66 | 13.10 | 2.900 | 100,0 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | veget.Graupeneintopf C | 866 | 207 | 996,8 | 305,0 | 41.23 | 6.073 | 6.274 | 4.879 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |
|-------------------|---|---------|-------------|-------|--------|------------|---------|-----------|---------|-----------|
| 18.04.2024 | | | | | | | | | | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | bunter Salatteller mit Hühnchen MMT | 463 | 109 | 2.035 | 553,1 | 6.053 | 5.656 | 16.09 | 794,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |

19.04.2024

| | | | | | | | | | | |
|--|--|-------|-----|-------|-------|-------|-------|-------|-------|--|
| | Kartoffel-Brokkoli-Auflauf vegetarisch B | 1.992 | 476 | 24.79 | 8.853 | 41.79 | 10.03 | 18.31 | 5.923 | |
| | Schnittlauchsoße vegetarisch B | 576 | 139 | 12.00 | 6.741 | 6.732 | 1.259 | 880,9 | 1.531 | |
| | Köttbullar vegan B | 0 | 0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | |
| | Pusztapfanne B | 742 | 179 | 12.29 | 5.714 | 13.42 | 7.646 | 2.577 | 3.276 | |
| | Risi Bisi B | 1.018 | 242 | 4.955 | 559,4 | 42.89 | 1.359 | 5.357 | 6.068 | |
| | Eierfrikasse C | 768 | 184 | 11.16 | 4.240 | 10.27 | 4.044 | 9.705 | 1.873 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Matjes in Hausfr.soße B | 1.949 | 472 | 43.27 | 4.456 | 16.54 | 14.95 | 2.901 | 1.328 | |
| | Grünes Bohnengemüse B | 281 | 68 | 2.233 | 284,7 | 7.065 | 2.917 | 3.181 | 173,9 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|------------|---|---------|-------------|--------|--------|------------|---------|------------|---------|-----------|
| 19.04.2024 | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Gnocchipfanne C | 1.924 | 456 | 9.831 | 2.413 | 81.65 | 5.940 | 7.111, | 3.479 | |
| | Käsesoße C | 941 | 227 | 19.57 | 15.61 | 3.953 | 2.192 | 8.786 | 1.676 | |
| | Eierfrikasse C | 768 | 184 | 11.16 | 4.240 | 10.27 | 4.044 | 9.705 | 1.873 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Hähnchenbrust Diät B | 535 | 127 | 3.125 | 800,0 | 1.275 | 600,0 | 23.50 | 1.450 | |
| | helle Soße Diät B | 428 | 104 | 8.211, | 5.166 | 6.513 | 857,9 | 895,5 | 1.215 | |
| | Möhrengemüse B | 256 | 61 | 2.523 | 197,0 | 8.019 | 7.655 | 840,3 | 1.326 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Rindfleisch passiert C | 603 | 145 | 10.95 | 6.038 | 2.329 | 1.355 | 9.258 | 896,1 | |
| | Bratensoße Diät B | 343 | 82 | 5.155 | 2.058 | 7.815 | 1.110, | 1.017 | 1.108 | |
| | Möhrengemüse passiert B | 336 | 81 | 3.874 | 1.352 | 5.790 | 4.090 | 5.033 | 1.322 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Kirschjoghurt A | 407 | 96 | 2.950 | 1.950 | 14.10 | 12.75 | 3.000 | 110,0 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Köttbullar vegan B | 0 | 0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | |
| | Bratensoße Diät B | 343 | 82 | 5.155 | 2.058 | 7.815 | 1.110, | 1.017 | 1.108 | |
| | Selleriegemüse Diät B | 128 | 31 | 455,0 | 130,0 | 3.445 | 1.950 | 1.592 | 1.237 | |
| | Reis B | 819 | 193 | 666,4 | 178,1 | 42.25 | 246,4 | 3.987 | 6.321 | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | bunter Salatteller mit Hühnchen MMT | 463 | 109 | 2.035 | 553,1 | 6.053 | 5.656 | 16.09 | 794,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|

19.04.2024

| | | | | | | | | | | |
|--|--------------------------------------|-----|-----|-------|-------|-------|-------|-------|-------|--|
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|
|-------|----------|---------|-------------|------|--------|------------|---------|------------|---------|-----------|

20.04.2024

| | | | | | | | | | | |
|--|---|-------|-----|-------|-------|-------|-------|-------|-------|--|
| | Boulette A | 1.246 | 299 | 18.75 | 7.250 | 13.75 | 1.000 | 18.75 | 1.750 | |
| | Soße für Putenbraten C | 246 | 59 | 3.938 | 2.324 | 4.941 | 430,8 | 887,5 | 2.064 | |
| | Kohlrabi-Möhrengemüse B | 348 | 84 | 4.801 | 493,3 | 7.583 | 6.690 | 1.022 | 1.213 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Eierkuchen natur C | 781 | 186 | 4.800 | 1.800 | 25.20 | 1.320 | 9.600 | 840,0 | |
| | Apfel-Trauben-Relish B | 723 | 171 | 703,3 | 198,7 | 39.89 | 32.74 | 655,6 | 133,5 | |
| | Zimt & Zucker B | 136 | 32 | 40,0 | 8,0 | 7.920 | 7.920 | 40,0 | 0,0 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | paniertes Schweineschnitzel B | 1.435 | 344 | 21.20 | 3.075 | 18.72 | 1.200 | 19.80 | 1.680 | |
| | Soße für Putenbraten C | 246 | 59 | 3.938 | 2.324 | 4.941 | 430,8 | 887,5 | 2.064 | |
| | Kohlrabi-Möhrengemüse B | 348 | 84 | 4.801 | 493,3 | 7.583 | 6.690 | 1.022 | 1.213 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Putenkeulenbraten C | 2 | 1 | 11,6 | 2,1 | 76,3 | 72,5 | 19,4 | 761,8 | |
| | Soße für Putenbraten C | 246 | 59 | 3.938 | 2.324 | 4.941 | 430,8 | 887,5 | 2.064 | |
| | Kohlrabi-Möhrengemüse B | 348 | 84 | 4.801 | 493,3 | 7.583 | 6.690 | 1.022 | 1.213 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zucker(m) | EW (mg) | Salz (mg) |
|------------|---|---------|-------------|-------|--------|------------|---------|-----------|---------|-----------|
| 20.04.2024 | Putenkeulenbraten C | 2 | 1 | 11,6 | 2,1 | 76,3 | 72,5 | 19,4 | 761,8 | |
| | Soße für Putenbraten C | 246 | 59 | 3.938 | 2.324 | 4.941 | 430,8 | 887,5 | 2.064 | |
| | Kohlrabi-Möhrengemüse B | 348 | 84 | 4.801 | 493,3 | 7.583 | 6.690 | 1.022 | 1.213 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Pastinaken-Bohneneintopf veg. B | 603 | 144 | 2.060 | 849,1 | 23.31 | 7.235 | 4.805 | 2.989 | |
| | Pastinakeneintopf pass. C | 1.208 | 290 | 7.947 | 4.421 | 44.60 | 11.22 | 6.008 | 8.519 | |
| | Kokosquark B | 664 | 158 | 6.218 | 4.793 | 16.67 | 16.67 | 8.861 | 90,1 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Putenkeulenbraten C | 2 | 1 | 11,6 | 2,1 | 76,3 | 72,5 | 19,4 | 761,8 | |
| | Soße für Putenbraten C | 246 | 59 | 3.938 | 2.324 | 4.941 | 430,8 | 887,5 | 2.064 | |
| | Möhrengemüse Diät B | 147 | 35 | 0,0 | 0,0 | 6.923 | 6.634 | 923,1 | 877,1 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | bunter Salatteller mit Hühnchen MMT | 463 | 109 | 2.035 | 553,1 | 6.053 | 5.656 | 16.09 | 794,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|------------|-----------------------------------|---------|-------------|-------|--------|------------|---------|------------|---------|-----------|
| 21.04.2024 | gekochtes Rindfleisch C | 954 | 228 | 11.26 | 5.033 | 2.327 | 1.333 | 29.29 | 2.593 | |
| | Meerrettichsoße für Rindfleisch B | 473 | 114 | 8.403 | 4.467 | 7.864 | 2.517 | 1.253 | 1.673 | |
| | Apfelrotkohl C | 303 | 72 | 941,9 | 177,4 | 12.97 | 9.598 | 1.539 | 2.320 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Schweinekammbraten C | 650 | 155 | 10.20 | 4.011, | 1.122 | 593,6 | 14.89 | 960,5 | |
| | Zwiebelsoße f. Schweinebraten C | 303 | 73 | 4.698 | 1.907 | 6.120 | 1.198 | 1.155 | 1.223 | |
| | Apfelrotkohl C | 303 | 72 | 941,9 | 177,4 | 12.97 | 9.598 | 1.539 | 2.320 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Thaigemüse Curry B | 1.121 | 268 | 14.93 | 12.13 | 27.97 | 8.301 | 7.370 | 2.168 | |
| | Basmatireis B | 961 | 227 | 4.672 | 489,4 | 42.00 | 163,6 | 3.981 | 640,2 | |
| | Kartoffelpuffer C | 2.606 | 620 | 38.35 | 7.298 | 59.97 | 5.255 | 8.576 | 2.791 | |
| | Apfelmus A | 304 | 72 | 100,0 | 100,0 | 16.30 | 15.30 | 300,0 | 10,0 | |
| | vegetarische Lasagne B | 1.485 | 353 | 12.71 | 4.340 | 43.40 | 8.060 | 14.26 | 2.728 | |
| | Tomatensoße vegetarisch B | 338 | 81 | 4.465 | 1.292 | 8.371 | 5.634 | 1.235 | 2.025 | |
| | gekochtes Rindfleisch C | 954 | 228 | 11.26 | 5.033 | 2.327 | 1.333 | 29.29 | 2.593 | |
| | Meerrettichsoße für Rindfleisch B | 473 | 114 | 8.403 | 4.467 | 7.864 | 2.517 | 1.253 | 1.673 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Rote Bete Salat mit Apfel LVK B | 230 | 55 | 2.914 | 290,5 | 6.317 | 5.718 | 529,6 | 655,8 | |
| | gekochtes Rindfleisch C | 954 | 228 | 11.26 | 5.033 | 2.327 | 1.333 | 29.29 | 2.593 | |
| | Bratensoße Diät B | 343 | 82 | 5.155 | 2.058 | 7.815 | 1.110, | 1.017 | 1.108 | |
| | Apfelrotkohl C | 303 | 72 | 941,9 | 177,4 | 12.97 | 9.598 | 1.539 | 2.320 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |
| | Rindfleisch passiert C | 603 | 145 | 10.95 | 6.038 | 2.329 | 1.355 | 9.258 | 896,1 | |
| | Meerrettichsoße für Rindfleisch B | 473 | 114 | 8.403 | 4.467 | 7.864 | 2.517 | 1.253 | 1.673 | |
| | Erbsen passiert B | 393 | 94 | 3.393 | 1.315 | 7.463 | 2.399 | 7.316 | 665,1 | |
| | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | Mousse au Chocolat Becher | 491 | 118 | 4.875 | 3.975 | 14.25 | 12.75 | 3.675 | 160,0 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Kartoffeln B | 621 | 144 | 2.318 | 323,3 | 26.62 | 1.452 | 3.158 | 1.031 | |

| Datum | Rezeptur | kJ (kJ) | kcal (kcal) | BE() | F (mg) | ges. FS(m) | KH (mg) | Zuck er(m) | EW (mg) | Salz (mg) |
|------------|---|------------|----------------|--------|-----------|---------------|------------|---------------|------------|--------------|
| 21.04.2024 | Kartoffelpüree A | 218 | 52 | 864,2 | 530,4 | 8.226 | 1.180 | 1.601 | 754,2 | |
| | gekochtes Rindfleisch C Diät | 954 | 228 | 11.26 | 5.033 | 2.327 | 1.333 | 29.29 | 2.593 | |
| | helle Soße Diät B | 428 | 104 | 8.211, | 5.166 | 6.513 | 857,9 | 895,5 | 1.215 | |
| | Reis B | 819 | 193 | 666,4 | 178,1 | 42.25 | 246,4 | 3.987 | 6.321 | |
| | Rote Bete Salat mit Apfel LVK B | 230 | 55 | 2.914 | 290,5 | 6.317 | 5.718 | 529,6 | 655,8 | |
| | bunter Salatteller mit Hirtekäse MMT | 795 | 191 | 12.95 | 8.693 | 5.693 | 5.636 | 12.59 | 1.754 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | bunter Salatteller mit Hühnchen MMT | 463 | 109 | 2.035 | 553,1 | 6.053 | 5.656 | 16.09 | 794,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Mozzarella/Olive MMT | 893 | 215 | 15.17 | 8.033 | 6.323 | 6.266 | 12.44 | 984,9 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | bunter Salatteller mit Thunfisch MMT | 824 | 197 | 9.895 | 1.249 | 5.713 | 5.496 | 21.65 | 792,5 | |
| | Joghurt Dressing Tablett | 396 | 96 | 9.100 | 700,0 | 2.600 | 1.550 | 600,0 | 500,0 | |
| | EssigÖl Dress. Tablett A | 112 | 27 | 50,0 | 50,0 | 5.700 | 4.500 | 100,0 | 1.700 | |
| | Fruchtjoghurt passiert Becher | 362 | 86 | 2.900 | 2.000 | 11.80 | 11.30 | 3.200 | 50,0 | |
| | Mousse au Chocolat Becher | 491 | 118 | 4.875 | 3.975 | 14.25 | 12.75 | 3.675 | 160,0 | |